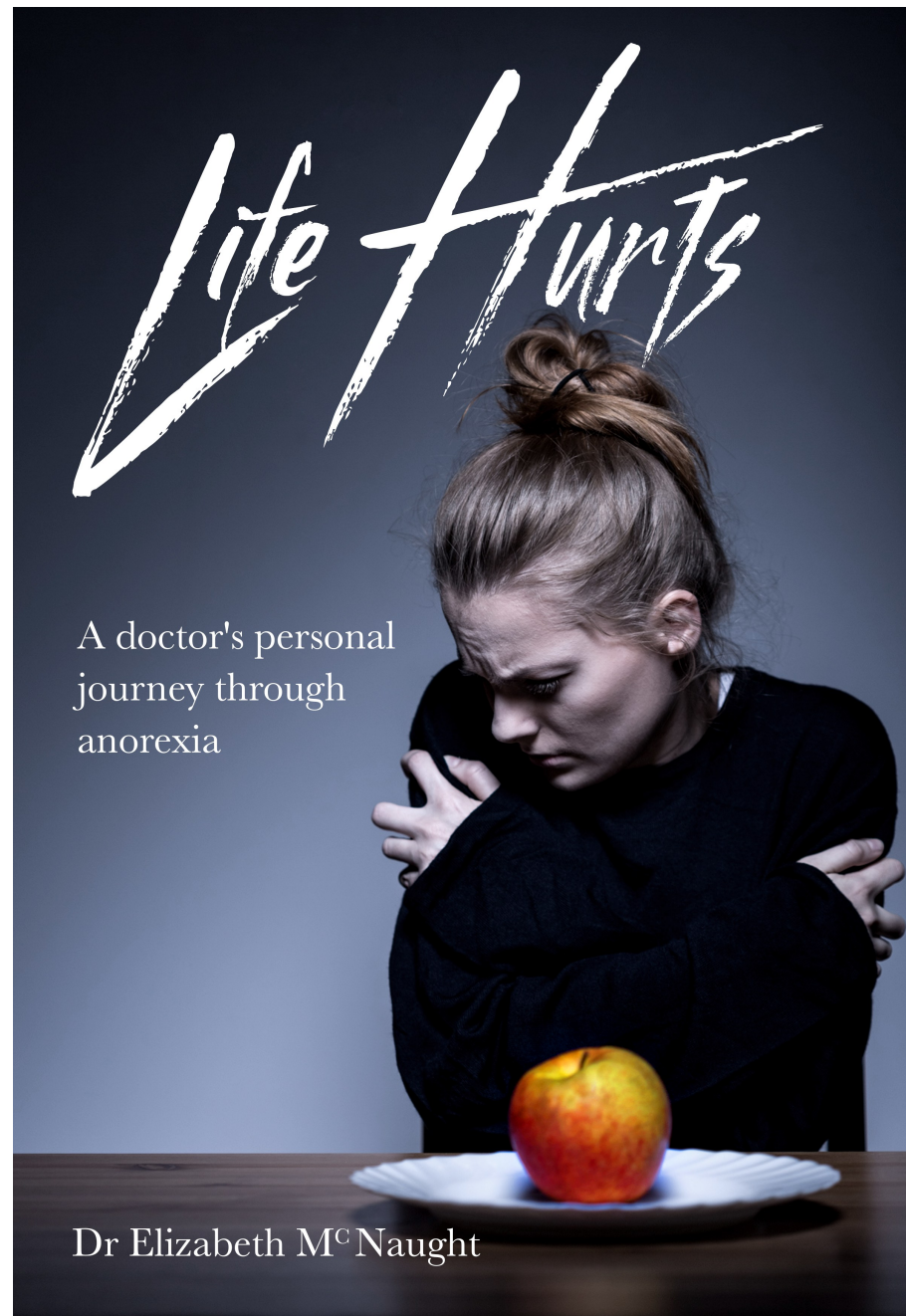




Nick Pollard & Carol Pollard
and
Dr Elizabeth M^cNaught

Family-based pro-active self-care for
eating disorder recovery

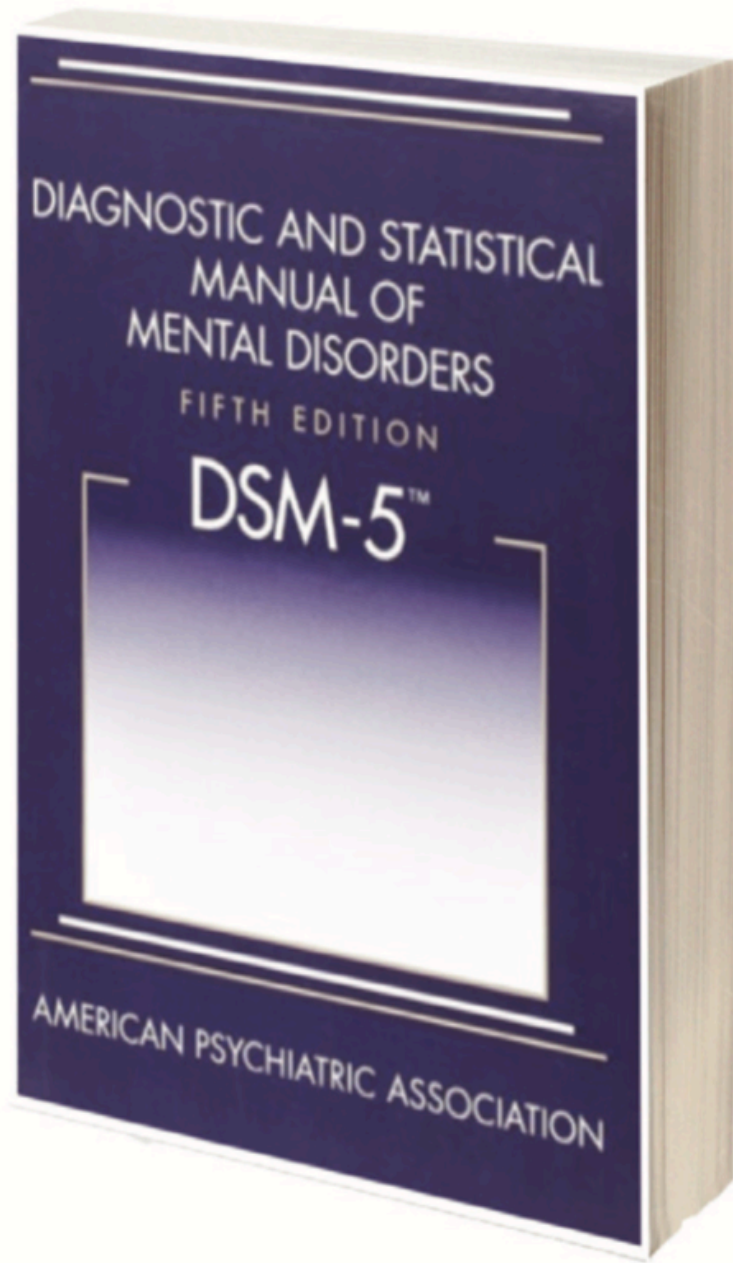
SESSION ONE







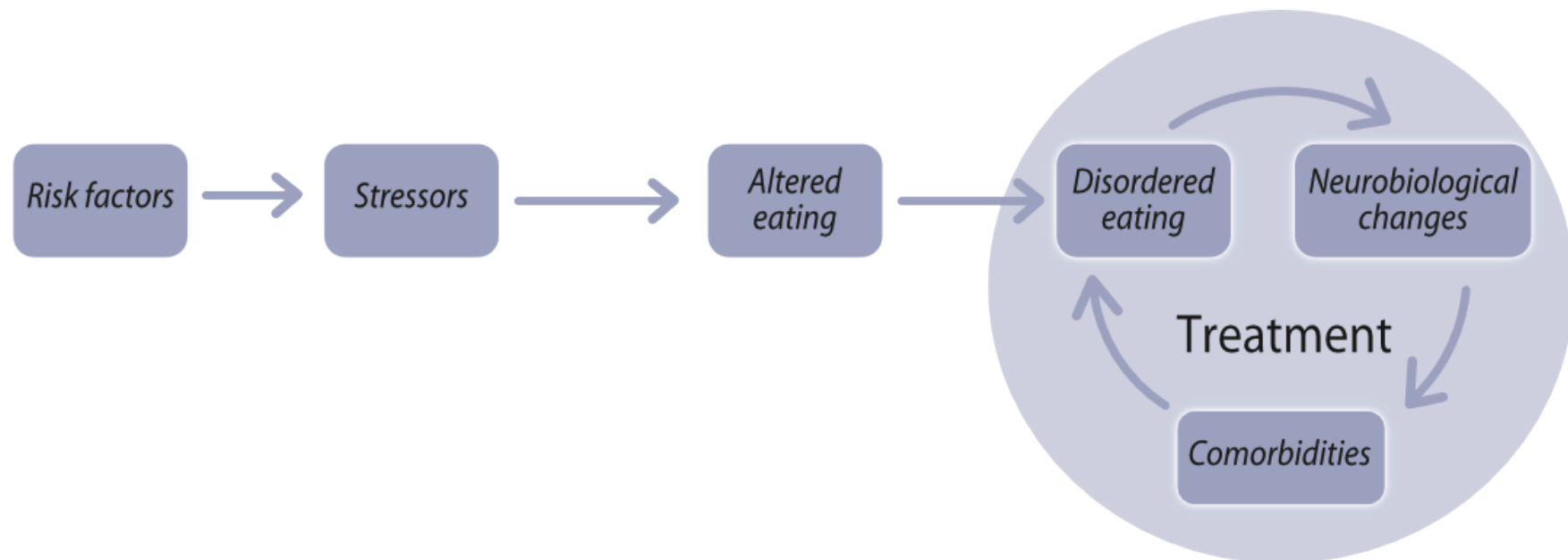


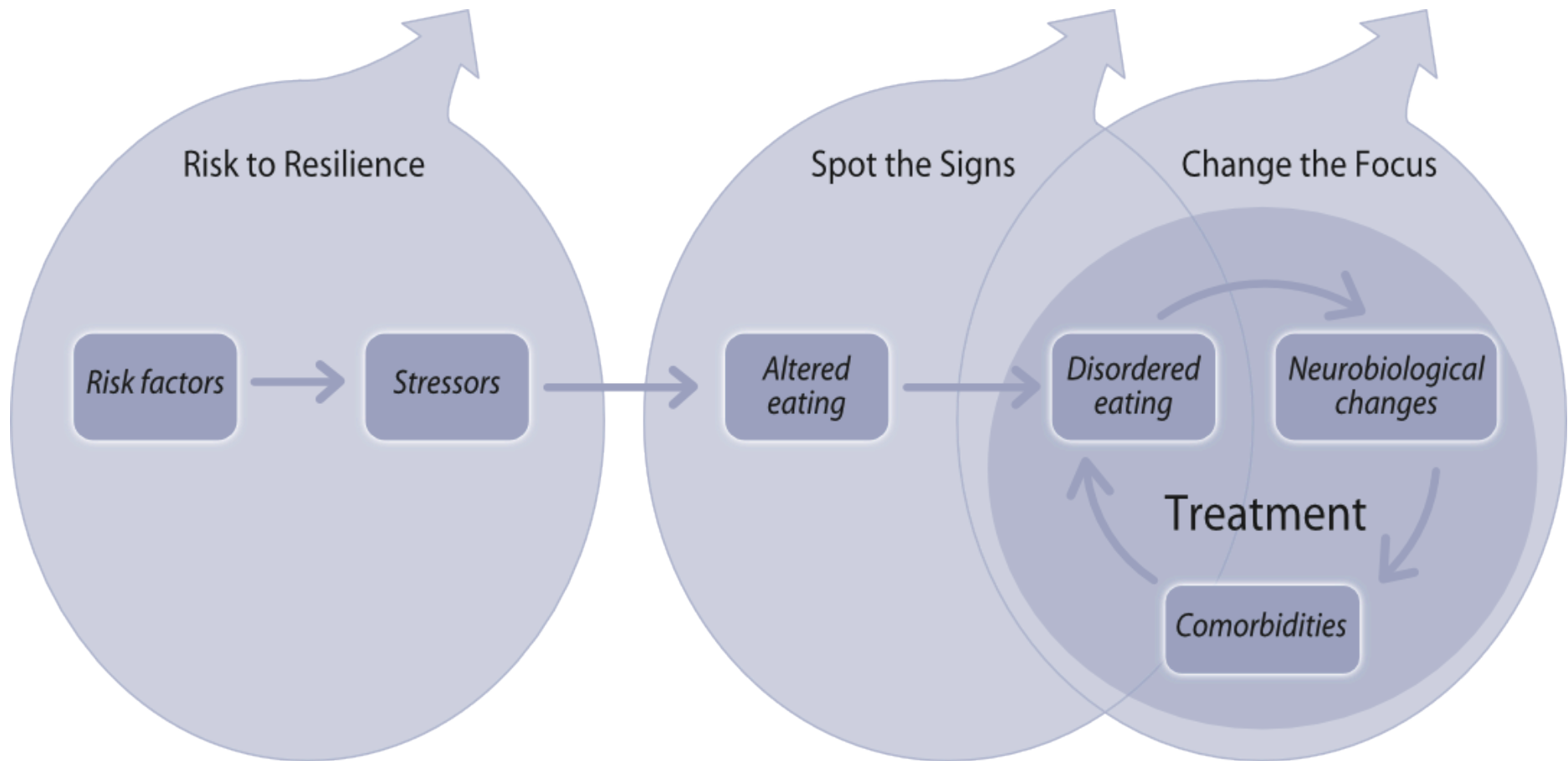


‘Persistent disturbance of eating or eating-related behaviour that results in the altered consumption or absorption of food and that significantly impairs physical health or psychosocial functioning.’

Most common

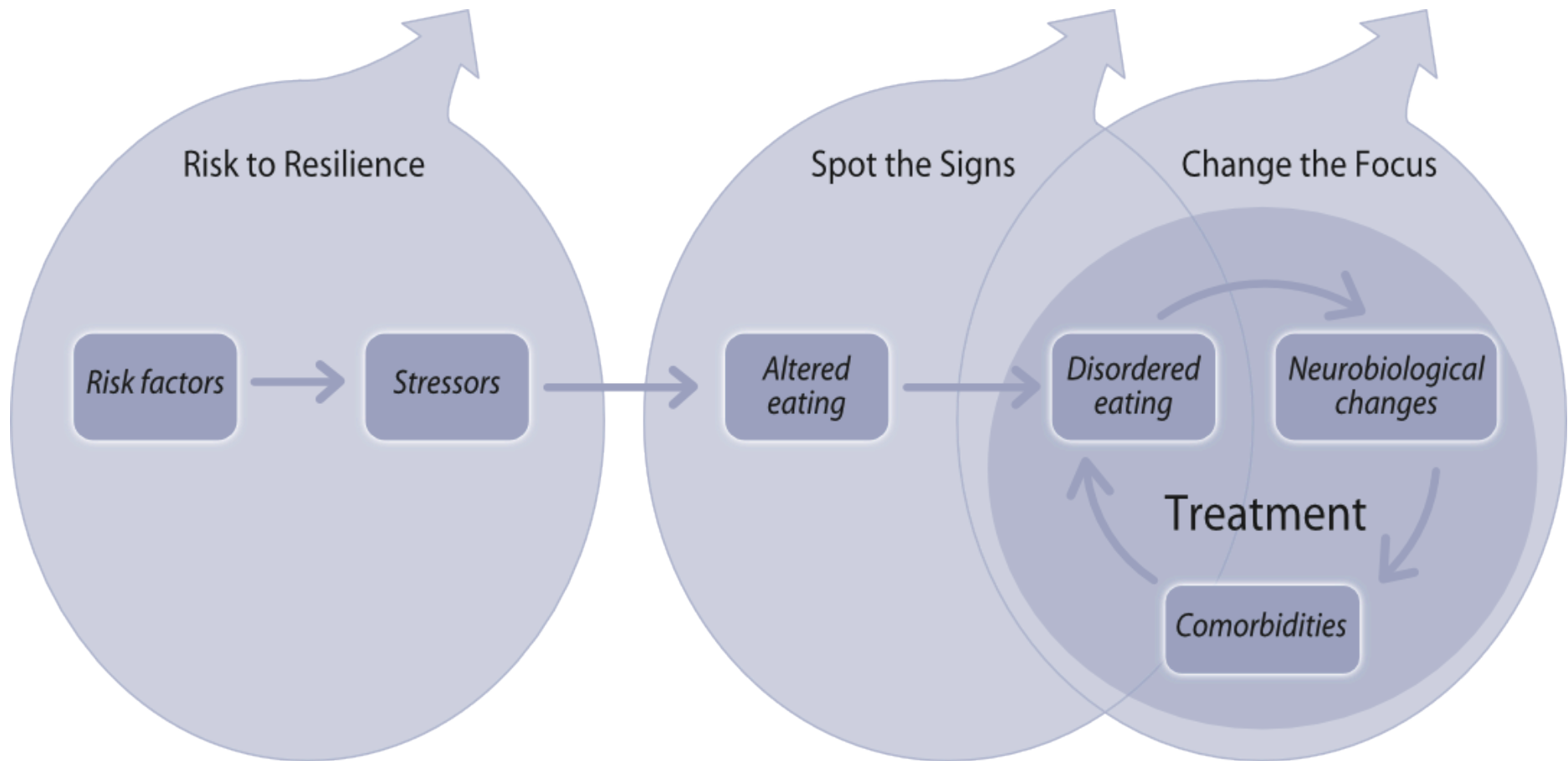
- Anorexia Nervosa
- Bulimia Nervosa
- Binge Eating Disorder



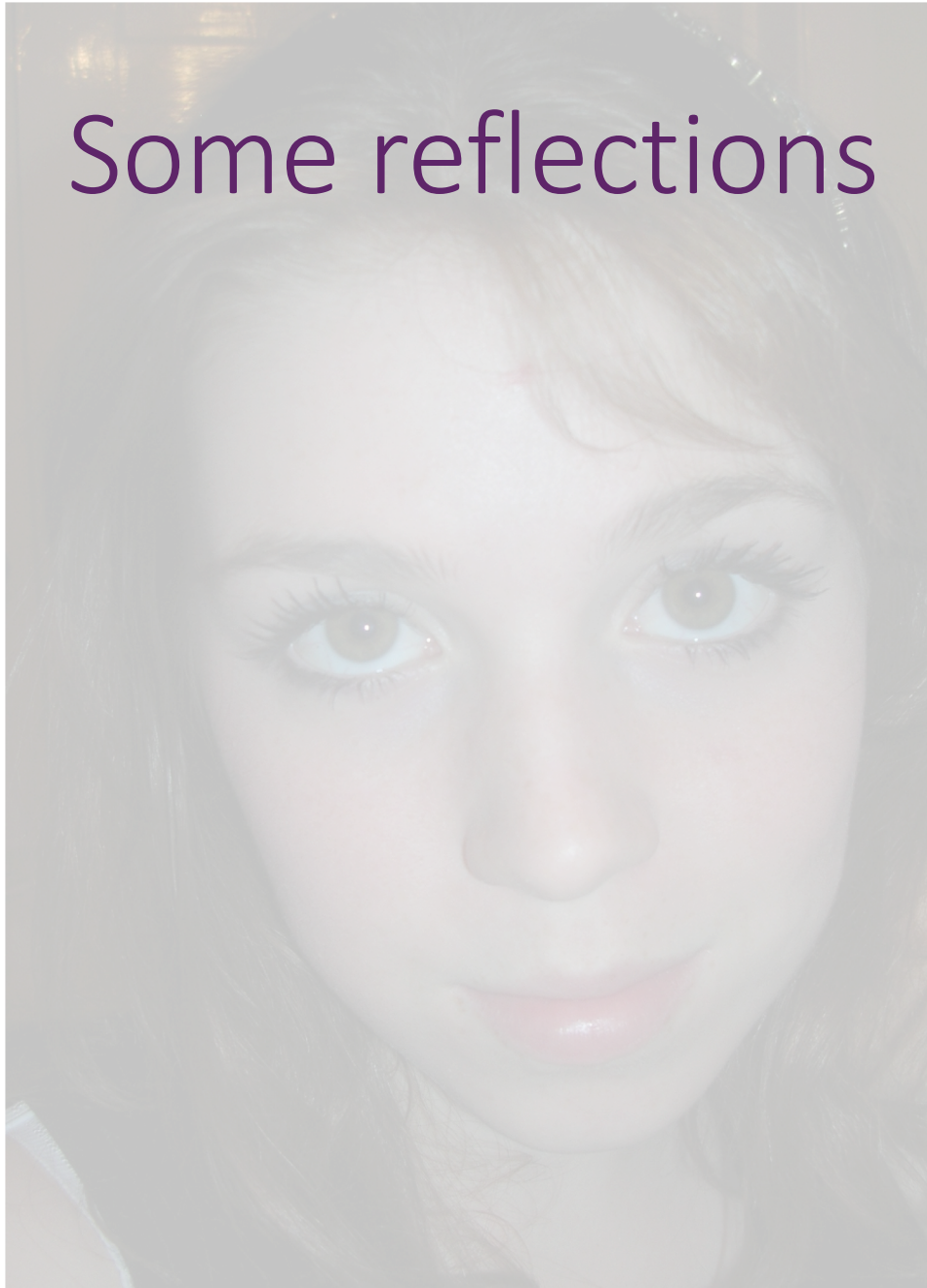




How does a happy healthy child, with so much to live for



Some reflections



Some reflections

- Be discerning about diagnoses



Some reflections

- Be discerning about diagnoses
- Be confident in your capacity



Some reflections

- Be discerning about diagnoses
- Be confident in your capacity
- Hang on to hope

